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# Jerry's Vegan Women



## Synopsis

Jerry's Vegan Women is a fun, poignant, and occasionally steamy collection of fictional stories that follows the adventures of Jerry Zuckerman as he makes his way through the shelters, sanctuaries, and bedrooms of an eclectic assortment of vegan women. The book begins with Jerry as a sixth grader who has never given any thought about the welfare of animals or the food he eats. But his chance encounters with vegan women - friends, lovers, acquaintances, and colleagues - change all that. The book is by no means a vegan manifesto. Rather, it reveals the virtues, imperfections, and idiosyncrasies of those who choose the meat-free lifestyle. And, it explores universal themes such as love, work, and most of all, the search for identity and meaning. It's a journey that both herbivores and omnivores will enjoy.

## Book Information

Paperback: 138 pages

Publisher: Apprentice House (October 15, 2015)

Language: English

ISBN-10: 1627200797

ISBN-13: 978-1627200790

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

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## Customer Reviews

With "Jerry's Vegan Women," Ben Shaberman establishes a thought-provoking new genre, the semi-autobiographical vegetarian anthology. Jerry Zuckerman, Shaberman's evident alter ego, begins his story like many a junior high student in the 1970s Midwest would, listening to a jukebox and chowing down on a hamburger at the local sandwich shop. This is when one of Jerry's classmates introduces him to an entirely foreign concept for Vietnam-era Cleveland Heights, the decision to eliminate meat from her diet. From there, Jerry takes his readers through nine chapters chronicling his interactions with females whose lives are affected somehow by vegetarianism or animal rights. The scenarios range from the educational to the professional to the erotic, with times when the females influence his views on vegetarianism and others when he shapes theirs. There

are the humorous, and there are the heartbreaking. Each provides insight into the vegetarian movement, the complexities of male-female relationships, Shaberman's personal idiosyncrasies, or all of the above. Any vegetarian adult would appreciate this quick and amiable read, but so would many non-vegetarians. Shaberman employs a casual, accessible writing style that works well for semi-autobiographical storytelling, and most readers will relate to at least one, if not more, of his anecdotes. After all, even the most fervent carnivore has partied too hard in college, weathered office politics, or engaged in an awkward discussion with a 10-year-old. In that way, "Jerry's Vegan Women" is a fitting literary choice for readers adhering to any dietary philosophy, whether they are flying to a vegetarian conference in Portland or just lounging on Rehoboth Beach.

I really enjoyed this book. When I first got it, I started with chapter 1 and then skipped around to different chapters and really didn't enjoy it very much. Then, one day months later I saw it sitting there with my books and thought "I need to give this another chance." I'm really glad I did. I highly recommend you start with Chapter 1 and follow it all the way through to the last chapter because they all build on each other. What you're reading is not as much a bunch of short little stories (although they do seem that way) but more like the story of fictional Jerry's life. The last chapter was a really nice surprise. In the end, I loved it! I think most other vegans would as well. :)

I love books that both entertain and educate me. Jerry's Vegan Women is a series of coming of age and veganism stories. It is well written and provides much vegan food for thought. I recommend it to both vegans and non-vegans alike.

Great book! Definitely an enjoyable read. A book that I could identify with. Really grateful for a non-stereotypical portrayal of vegans. Four stars because I wish it had been longer.

Jerry's Vegan Women is clever, insightful and heartfelt. I related to the memorable characters and to Jerry's perspective. I couldn't wait to see where the story went.

Very little plot, character development or flow. Disjointed, random and written in too many tenses. Several typos. Would not recommend.

A brief and entertaining collection of short stories.

This book (Jerry's Vegan Women) is a delightful tale of a boy coming of age and his journey into vegetarianism and animal empathy – full of vivid descriptions, insights, and humor – an entertaining read.

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